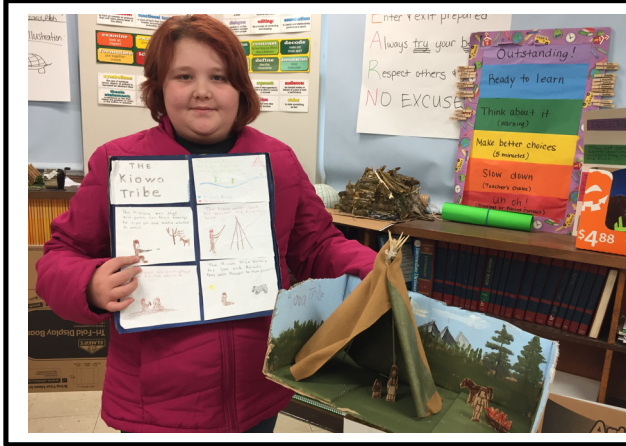


Marie Roberts-Caney Redskin NEWS

NOVEMBER 2017

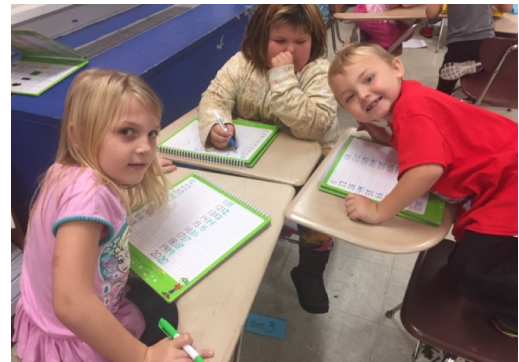


Mrs. Chassadi Strong's Class

5th grade has just completed a Unit on Native Americans where they completed research on various tribes and presented their information and models of their tribe's shelter. We were amazed at the creativity of these projects!

Kindergarten News

This is a very busy time of the year. Students are excited to begin Thanksgiving Break and when we come back we will have 17 school days then it will be Christmas break. We have a lot to get covered in those 17 days. Continue to practice each night with your students on letters, sounds, and sight words. It is also very important that students can count to 100. Time is quickly flying by and we want to make sure the students are ready for first grade next year.



Winners of the Jackson Parks Department Coloring, Essay and

Mahala Bowling 1st place in grade 4, Jakoby Little 3rd place in grade 3, Ava Noble (Spooky Story) 3rd place in grade 5, Olivia Clemons (Poster) 2nd place in grade 6, and Jerrica Neace (Poster) 1st place in grade 6.

Parent's Day is November 21, 2017

4-H Health Ambassador Visits MRC



Evan O'Neill, 4-H Health Ambassador for Kentucky, visited with students in grades K-2 and discussed practicing healthy behaviors. They began by watching a Crawford the Cat video about preventing the spread of germs. Crawford the Cat explained why it is important to keep your hands clean, when you should wash your hands, and why it is important to cover coughs and sneezes. Evan completed the lesson by helping the students make their own Crawford the Cat puppet. Hopefully, Evan will return to teach other important health lessons.

Runny Nose for a Cold: Does your child need antibiotics?

What causes a runny nose during a cold?

When germs that cause colds first infect the nose and sinuses, the nose makes clear mucus. This helps wash the germs from the nose and sinuses. After two or three days, the body's immune system fights back, changing the mucus to a white or yellow color. When bacteria that normally live in the nose grow back during the recovery phase, they then change the mucus to a greenish color. This is all normal and does not mean your child needs antibiotics.

Are antibiotics needed for a runny nose?

A runny nose is a normal part of a cold. Antibiotics do not work on viruses like colds or runny noses (even if the mucus is thick yellow or green). Your child's doctor or nurse may prescribe other medicine or give you tips to help with symptoms like fever and cough.

Why not just try antibiotics?

When antibiotics aren't needed, they won't help and could possibly even hurt you. Taking antibiotics creates resistant bacteria. Antibiotic resistance occurs when bacteria change and adapt to defeat the killing power of antibiotics. Any time antibiotics are used they can cause side effects and lead to antibiotic resistance. Side effects of antibiotics can include rash, dizziness, stomach problems, or yeast infections.

To learn more about appropriate antibiotic prescribing and use, visit www.cdc.gov/antibiotic-use

2017-2018 MRC Site Based Decision Making Council

Jason Fugate –Principal
Marlene Hamilton –Teacher
Tammy Keene – Teacher

Mary Kay Caudill – Teacher
Chris Banks –Parent
Melissa Mann -Parent